

# Strathcona Community Health Network



## Year 1 Progress Report

*Extensive efforts have been invested to bring a large and diverse number of participants to the table, build relationships, validate the need for a network to address the social determinants of health in the region, develop network governance and attract seed funding to set the stage for action.*

### Key outputs June 2015 – May 2016

#### Regional Forum 1, June 26, 2015

- Attended by a diverse group of 150 people from across the region.
- Overwhelming support received to establishment a Community Health Network to collectively work to make a difference on the social determinants of health in the region.
- Identification of the need to develop network coordination and high trust relationships.
- Identification of topics that the health network could take action on (transportation, housing/homelessness, technology (cell coverage and broadband connectivity), food security, child & youth issues including mental health and aging in place, volunteer and caregiver support.)
- 93% of survey participants agreed that they made valuable connections at this forum with other individuals/agencies.
- Report out and video of the event posted to the Strathcona Regional District website.

#### Regional Forum 2, November 9, 2015

- Attended by a diverse group of 127 people from across the region.
- Continued commitment for the Community Health Network but a need to see action as well as taking the time to build relationships.
- Preliminary mapping of initiatives and contacts within the region.
- Establishment of sub-networks around key themes.
- Formation of a core reference group with diverse representation from across the region.
- Report out and video of the event posted to be posted to the Strathcona Regional District website.

#### Governance Development

- Monthly meetings held from February 2016 – present to learn and discuss network governance.
- Developed a draft governance model, terms of reference/principles of working together and draft coordinator job description.
- Discussions presently underway to hire network coordinator.

#### Attracting seed funding

- Community Wellness Grant provided to the Regional District to support the work of the health network addressing the determinants of health.
- Plan H Healthy Communities \$5000 grant received by the Regional District to support a project by the Food Security Hub 'Boat to Table' – investigating the barriers to community access of locally landed seafood.
- Commitment by Island Health to provide \$80,000 per annum to the Regional District to manage a contract for a Community Health Network Coordinator.